

● Welcome

MelbourneENT
EAR, NOSE AND THROAT SPECIALISTS



Child Tonsillectomy Journey with Dr Braham at Masada Hospital



Information for Families

23 July 2026

AHPRA MED0001144757

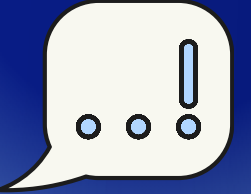




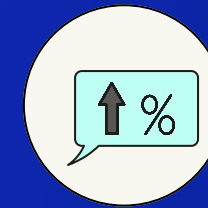
About Dr Braham and the Masada Team

Dr Braham brings over 26 years of experience at Masada Hospital, having performed more than 3,000 tonsillectomies for children. He is supported by a highly experienced, long-standing team dedicated to paediatric care. Practice manager Michelle and our skilled care team are here to guide your family through every step of your child's procedure with compassion and professionalism.





Deciding and Preparing for Surgery

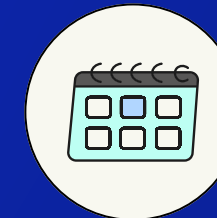


Confirm decision and schedule surgery date

Follow these key steps to help your child be ready and reassured before surgery day.



Allow 10-14 days recovery; medical certificates available



Pre-op visit with Dr Braham for informed consent and review

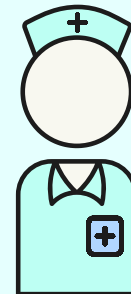
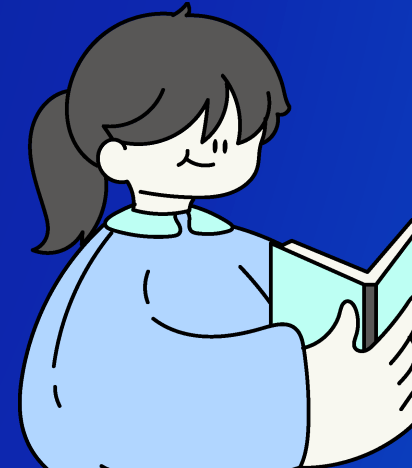


Prepare child calmly; bring comfort items and discuss premedication if needed

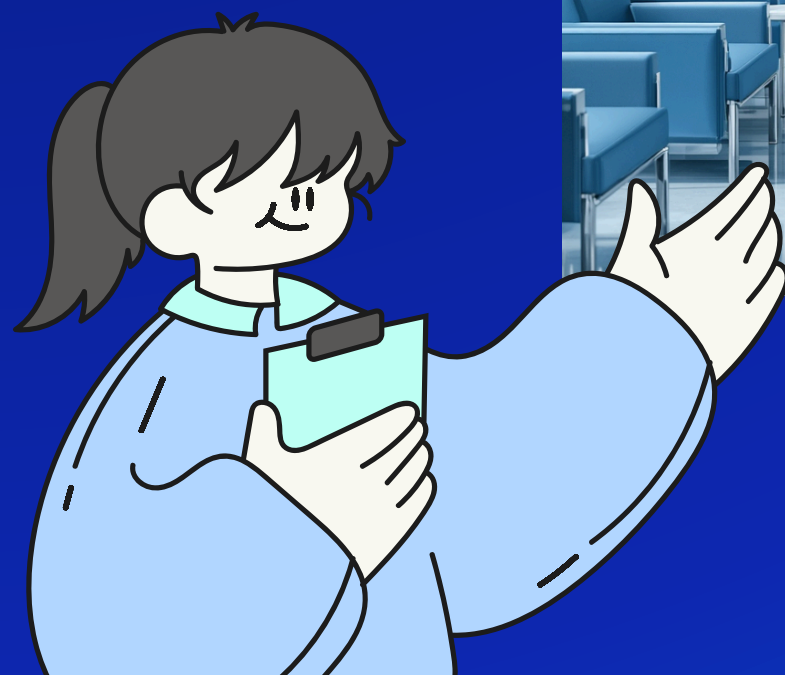




Fasting and Pre-Surgery Instructions



No food or fluids after midnight before surgery (exceptions discussed case-by-case). The anaesthetist will call 1-2 days prior to discuss medical history and concerns. An early admission time is given to reduce fasting duration. Contact the anaesthetist if your child is unwell before surgery. It is important to have a talk to your child about taking medications in the hospital and at home.





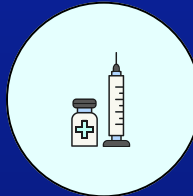
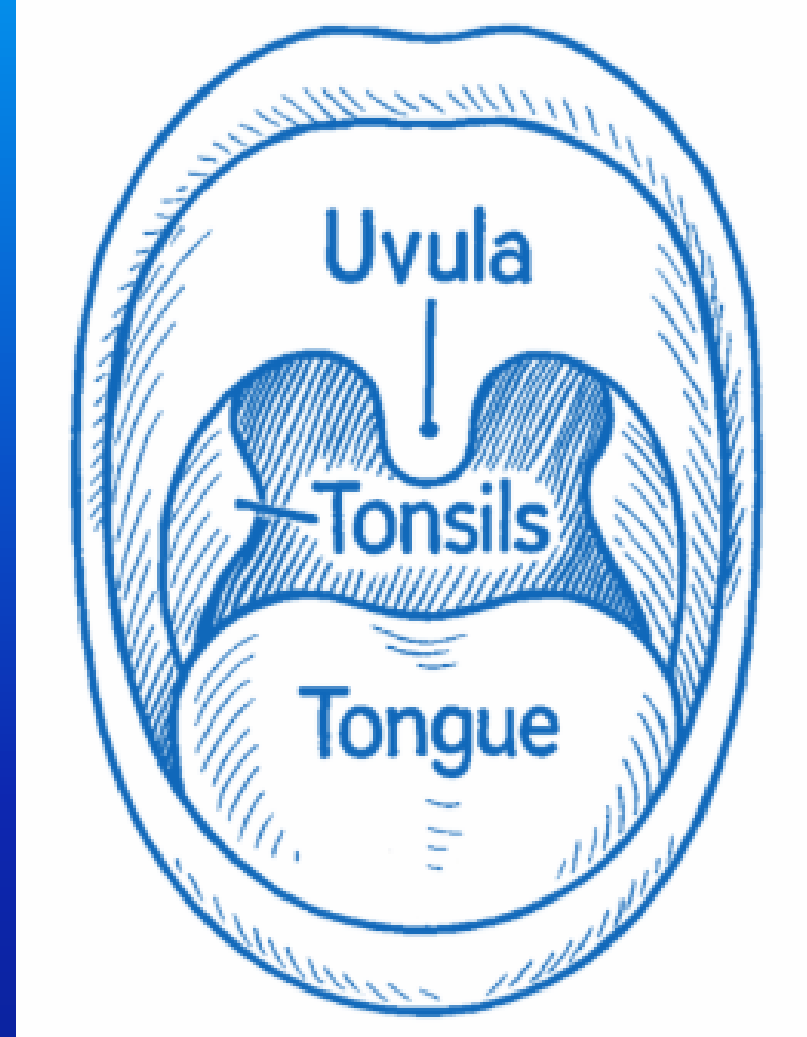
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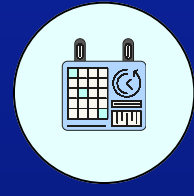
The Day of Surgery



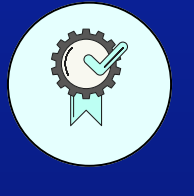
From arrival to anaesthetic, every step is designed to keep your child calm and you fully informed. Here's what to expect on the day of surgery. A child will sense if you are anxious.



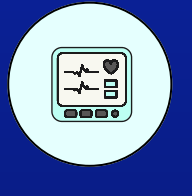
Meet clerical staff and admissions nurse on arrival



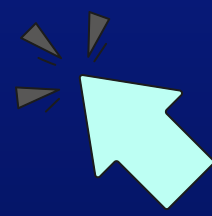
Meet the anaesthetist and anaesthetic nurse to discuss the plan



Parent accompanies child to pre-op waiting bay and stays for induction



Dr Braham meets your family and reviews the process together



The Tonsillectomy Procedure

Dr Braham performs tonsillectomy using the coblation technique, offering less pain, less bleeding, and reduced swelling. Operating time is approximately 45–60 minutes. For detailed surgical information and possible complications, please visit our website.





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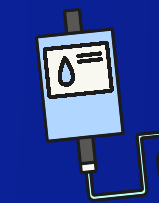
TWO SURGICAL APPROACHES

COBLATION TONSILLECTOMY	TRADITIONAL TONSILLECTOMY
 TEMPERATURE 60° DEGREES • Low heat, minimal tissue damage • Less pain and faster recovery • Minimal bleeding • Advanced coblation technology Modern, minimally invasive technique	 TEMPERATURE 600° DEGREES • Higher heat or mechanical removal • More post-operative pain • Increased bleeding risk • Longer recovery time Conventional surgical method



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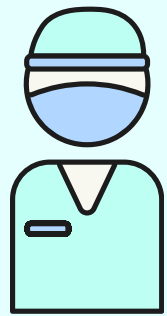
Recovery in Hospital



After surgery, your child is taken to the recovery room next to the waiting area. You will be brought in as soon as they begin to wake. Some drowsiness and unsettled behaviour is normal at first. Dr Braham will personally update you on how the surgery went. Your child will be encouraged to suck an icy pole to help ease swelling and dryness in the throat.



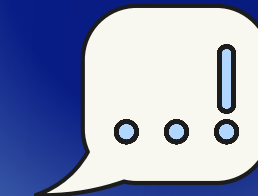
Overnight Hospital Stay and Care



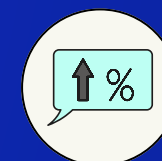
- Your child will be cared for in an extended suite with a bed, lounge, and ensuite.
- A parent stays overnight for comfort and support.
- Dr Braham and the anaesthetist visit that afternoon.
- Medication is dispensed and explained by the pharmacist.
- Our experienced nursing staff are here to guide you, especially if this is your first time.



Home Care and Recovery Tips



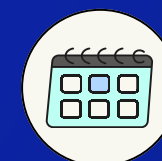
Guidance for the first two weeks at home after your child's tonsillectomy with Dr Braham.



Rest at home, avoid visitors and strenuous activity



Cold, soft foods and plenty fluids Dr Braham will call one week after surgery.



Take medications as prescribed and monitor for complications



24/7 helpline, emergency 000, telehealth follow-up in one week



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● Dr Braham & Masada Hospital

**Thank You for Trusting Dr
Braham and Masada Hospital**

**Questions? Contact Michelle or Dr
Braham's office. Reach out any time
for support. <https://melbourne-ent.com.au/about/>**

Phone: 9038 1311 Email: info@drbraham.com

