

Your **ear tube** journey with **Dr Braham**

P A T I E N T G U I D E



Dr Simon Braham
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Thank you for considering Dr Braham and his team at Masada for your child's ear tube surgery.

Our Commitment to Your Family

We understand this is a big decision for you and your family. We are here to support you all the way, from deciding to proceed, through the operation, and during recovery to full health.

We hope you have understood everything Dr Braham has explained about the operation and the process. If you have any questions, please ask.

Dr Braham and the Masada Team

Dr Braham has been working at Masada Hospital for more than 26 years and has successfully performed more than 8,500 ear tube surgeries.

There is a large team involved in your child's care, and you will meet many of them throughout your journey. The team at Masada is highly experienced, and many have been supporting Dr Braham for more than 26 years.



Booking Surgery

Once you have decided to proceed, we will set a date for the operation. The process will take place in the morning only, and your child will usually be able to attend school or day care the next day.

In the week leading up to the operation, we will call you to make sure you fully understand everything and to answer any questions. The hospital and anaesthetist will also contact you. You should check with your insurer to make sure your child is covered for the surgery and that you understand any out-of-pocket costs.

Preparing Your Child Before Surgery

In the lead-up to surgery, talk to your child about coming to hospital, meeting different people, and breathing through a gas mask for the anaesthetic. The hospital is very child-friendly and experienced in caring for children and families. You are welcome to bring soft toys, games, an iPad or anything else that may help your child feel comfortable.

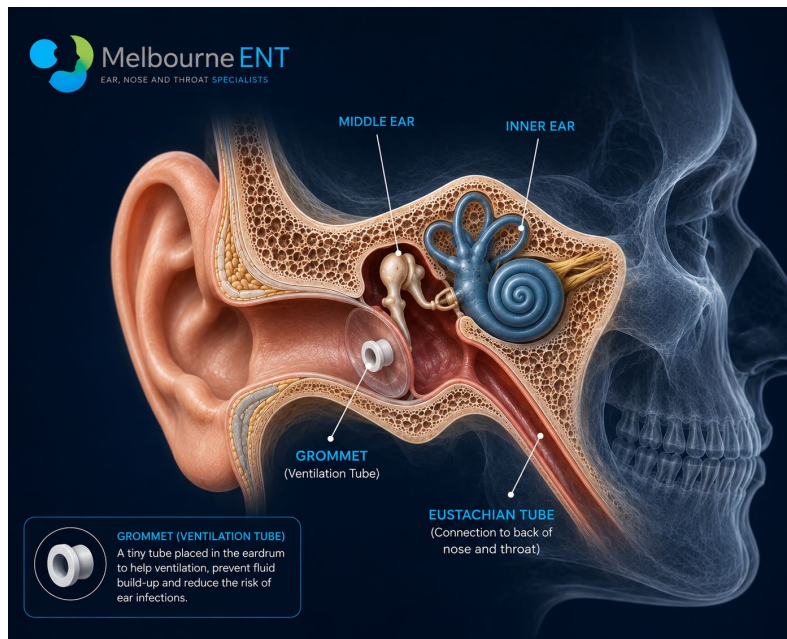


Fasting and Anaesthetic Information

We generally recommend no fluids or food from midnight on the night before the anaesthetic. This may be varied on a case-by-case basis by your anaesthetist.

The anaesthetist is available to discuss any concerns you may have about the anaesthetic or any of your child's medical conditions when the anaesthetist's rooms contact you in the lead-up to surgery. This usually happens on Thursday or Friday before the operation. We can provide the anaesthetist's rooms number once the surgery is booked, if requested.

You will be advised of the admission time on the Friday before surgery. It is usually around 7:00 am. Free undercover parking is available at the hospital.



If Your Child Is Unwell

If your child is unwell in the days leading up to surgery and you are concerned about their fitness for Anaesthesia, please contact your anaesthetist.

On the Day of Surgery

On the day of surgery, you will first meet the clerical staff at the front of the hospital and then be taken to the admissions area. You will meet your friendly admissions nurse, who will help prepare you and your child for the procedure.

The anaesthetist will then discuss the anaesthetic with you. Admission times are staggered, so you should not be waiting long. A parent can stay with their child and come into the operating theatre with them. Dr Braham will also meet with you and discuss everything again before the procedure.

After the Procedure

Once the surgery is complete, your child will be taken to recovery, which is right next to the waiting area. A parent can come into recovery as soon as your child wakes up. The process usually takes about 45 minutes. Dr Braham will come and explain how the surgery went and what to expect from there.

We encourage your child to suck on an icy pole as soon as they are awake enough, as this can help with swelling and a dry throat.



Going Home and Follow-Up Care

Once your child is fully awake, you and your child will be transferred back to the day ward, where your child will be offered ice cream and a sandwich. Once the staff are happy, you will be discharged home. This is usually about two hours after the procedure.

You will be given eardrops to use for a few days, with clear instructions. A follow-up hearing test is usually arranged at around the 6-week mark. Your child can bathe normally. We recommend ear plugs for indoor public pools, but not for outdoor clean pools, beaches or baths.

My name is Michelle, and I am Dr Braham's practice manager. I am here to help with the logistics before and after the operation.



Practice	Details
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This guide provides general information and does not replace advice specific to your child. Please follow the instructions given by Dr Braham, the anaesthetist and the hospital.